



# Missouri S&T SORORITY LIFE





The Panhellenic Council is the governing body for the three National Panhellenic Conference sororities on the Missouri S&T campus. It is the duty of the council to promote unity, cooperation, and sisterhood between the houses. In addition, the council organizes the primary recruitment process that provides new members for all three houses.

# Primary Recruitment Schedule

## Philanthropy

August 16, 2019

On Day One of the primary recruitment process, you will visit each house and learn about their national philanthropy while getting to know the women in each chapter. You will also make a craft which is often used in the houses' philanthropic efforts throughout the year.

The attire for day one will include a general recruitment shirt provided by Panhellenic with any kind of pants, shorts, or skirt without holes, of appropriate length, and not of the athletic variety. Shoes can be any kind of canvas sneaker or sandal type, preferably neutral in color and must be flat.

## Sisterhood

August 17, 2019

On Day Two of recruitment you will learn about the sisterhood of each house visited. Chapter members will take you on a house tour and will show you their house's individual "brand" through conversation and videos.

The attire for day two will consist of a casual shirt or blouse with any kind of pants, shorts, or skirt without holes, of appropriate length, and not of the athletic variety. T-shirt dresses are also acceptable. Shoes can be any kind of canvas sneaker or sandal type, preferably neutral in color and must be flat or have a heel of 2" or less.

## Preference

August 18, 2019

On Day Three you will have more in-depth conversations with fewer chapter members. The women you speak with will often tell you how their house has changed their life and answer the more serious questions you might have about their house.

The attire for day three is a dress or slacks or skirt with a nice blouse. Shoes can be heels or flats. Dresses must have straps.

**Formal Recruitment Registration:** [missourist.mycampusdirector2.com](http://missourist.mycampusdirector2.com)

Hello! My name is Alissa Reynolds, and I am the Vice President of Recruitment of the Panhellenic Council at Missouri S&T. When I was in your shoes, sorority life was hardly on my radar as something that I might be interested in. It took a lot of convincing from an active sorority member to make me even consider the process, and I am so glad that I did because, let's face it ladies, women can be hard to come by on this campus. Going through recruitment and joining my house ended up being one of the best decisions of my college career. Because of Greek life, I've set the bar incredibly high for myself and, in doing so, I have developed my leadership and communication skills. Greek life has also opened the door for many other opportunities in my college life and beyond by making me a more well rounded person. My sorority has been there to support me through the difficult times in my schooling and to make sure I have fun along the way.

The idea of the recruitment process can certainly seem overwhelming, but I encourage you to push your limits and step outside your comfort zone. There is no obligation to join a house when it is all said and done, and if nothing else, it's a great way to make new friends with Greek women and other women going through the process. If you have any questions feel free to contact me!

Alissa Reynolds / 636-578-6241 / [panhel@mst.edu](mailto:panhel@mst.edu)

# WEEK OPENING

August  
12

### **Vegas Night | 8:00 - 10:00 PM | St. Pat's Ballrooms**

Vegas Night is a night of games and prizes sponsored by various organization's on campus. A craps table, card games, and bingo will be set up. Great prizes will be up for grabs!

August  
13

### **Sorority Informational | 4:00 - 5:00 PM | 204 McNutt**

If you are planning on going through formal recruitment, you will attend either this informational or the informational on the 14th in order to pick up your shirt (only if you pre-registered and paid for recruitment) and find out about the formal recruitment process. Sorority women will be available to answer questions and food will be provided.

### **Calling All Women: Make Yourself at Home 8:30 - 10:30 PM | St. Pat's Ballrooms**

This event is sponsored by various women's organization on campus. This event is specifically for women to enjoy and connect with other women on campus. Here you can also meet members of the various sororities. There will be snacks, crafts, a photo booth, and more. We hope to see you there!

August  
14

### **Sorority Informational | 4:00 - 5:00 PM | 204 McNutt**

If you are planning on going through formal recruitment, you will attend either this informational or the informational on the 14th in order to pick up your shirt (only if you pre-registered and paid for recruitment) and find out about the formal recruitment process. Sorority women will be available to answer questions and food will be provided.

### **Greek Olympic Games | 5:00 - 7:30 PM | Havener Lawn**

Head over to the Havener Lawn after the sorority informational for more food and fun! Greek organizations will have minute-to-win-it and yard games set up for everyone to enjoy. Take this opportunity to meet great men and women involved in Greek Life!

### **Panhellenic Potential New Member Social**

#### **8:00 - 10:00 PM | Havener Center: Carver Turner Room**

This social is for those interested in Panhellenic recruitment. Board games and food will provide a fun and casual atmosphere. Here you will be able to talk with Recruitment Counselors and ask questions regarding the up and coming formal recruitment process.

August  
15

### **Informational Lunch | 10:45 AM - 1:15 PM | St. Pat's Ballrooms**

Come join Greeks of all kinds for an informational luncheon. There will be good food, good conversation, and even raffle prizes. We look forward to seeing you and we can help answer any questions you regarding recruitment, the different chapters on campus, and campus-life.

August  
16-18

### **Primary Recruitment**

See the previous page for a detailed description of each day of planned activities for formal recruitment. If you have not registered please visit [missourist.mycampusdirector2.com](http://missourist.mycampusdirector2.com).

August  
19

### **Bid Day | 4:30 - 10:00 PM | BCH 125**

If you go through the primary recruitment process, you will meet after the first full day of classes in order to find out if you received a bid through the mutual selection process. If you receive a bid to join a house and accept, you will then join your new sisters for a celebration. The recruitment counselors will be available at all times during this process.



# ABOUT THE CHAPTERS

The three National Panhellenic Conference member organizations on the Missouri S&T campus are Chi Omega, Kappa Delta, and Zeta Tau Alpha. These chapters have a strong presence at S&T. Together, the houses raised a total of approximately \$26,000 for their individual philanthropies. The campus community, with significant help from fraternities and sororities, raised over \$17,000 for St.Jude's Children's Research Hospital at S&T's annual event, Out 'Til Midnight. Additionally, all of the sororities participated in Greek Sing, Greek Week, All Sorority Dinner Exchanges, Letters in the Library, Tutoring at Trigonometry Reviews, and more. Academics are the focal point of all three chapters so it's no surprise that the average all sorority GPA is consistently above the average all student GPA.

## Chi Omega



**Founded** at the University of Arkansas-Fayetteville - April 5, 1895

**Nickname:** "Chi O"

**Colors:** Cardinal and Straw

**Flower:** White Carnation

**Symbols:** Owl, Skull and Crossbones

**Open Motto:** "Hellenic cultures and Christian ideals"

**Philanthropy:** Make-a-Wish Foundation

## Kappa Delta



**Founded** at Longwood College, Farmville, VA - October 23, 1897

**Nickname:** "KD"

**Colors:** Olive Green and Pearl White

**Flower:** White Rose

**Symbols:** Nautilus, Dagger

**Open Motto:** "Let us strive for that which is honorable, beautiful and highest"

**Philanthropy:** Prevent Child Abuse America and Girls Scouts of the USA

## Zeta Tau Alpha



**Founded** at Longwood College, Farmville, VA - October 15, 1898

**Nickname:** "Zeta"

**Colors:** Steel Gray and Turquoise Blue

**Flower:** White Violet

**Symbols:** Five Point Crown, Strawberry

**Open Motto:** "Seek the Noblest"

**Philanthropy:** Breast Cancer Education and Awareness



Chi Omega is the largest network of sisterhood that spans the nation. Chi Omega aims to spread the importance of service to others, friendship, community and campus involvement, academic excellence and career development.

During the past year, Chi Omega raised over \$13,000 for the Make-A-Wish Foundation through their fall pancake breakfast and spring spaghetti dinner. Because of this contribution, they were able to send their Wish Kid, Paige, and her family on an all-expense paid trip to Italy! Chi Omega also recently adopted the Rolla Presbyterian Manor as their local philanthropy to give back to their community. In addition to these philanthropy events, the ladies of Chi Omega love spending time solidifying their relationships with one another. Some sisterhood events they held this year included trail hiking, dog walking at local animal shelters, a messy paint twister social, cheering for their intramural teams together, and catching a movie with their sisters.

Chi Omegas have always had a positive presence in their local and global communities, and the Eta Kappa chapter is no exception! Chi Omega women hold over 40 executive board positions in various clubs and organizations on campus, including Engineers Without Borders, Society of Women Engineers, and almost every honor society including departmental and school wide.

Although these women are highly involved, they always place great value on the pursuit of academic excellence. Chi Omega has a cumulative GPA above all campus, all female, all Greek, and all non-Greek! With this kind of dedication, the employment opportunities are endless! Building a career network is made easy with over 350,000 Chi Omega sisters throughout the nation. These powerful and ambitious women are excited for primary recruitment and can't wait to meet all of their potential new sisters!



Facebook: Chi Omega at Missouri S&T  
Twitter: mstchiomega  
Instagram: mstchiomega



Kappa Delta is excited about our past and looking forward to the coming academic year! In the last academic year, Kappa Delta (KD) initiated almost 40 women and celebrated eight years in their state of the art home. They also co-hosted their first annual BBQ and Bags event with the gentleman of Sigma Chi. This event raised money for Prevent Child Abuse America and The Huntsman Cancer Foundation.

Kappa Delta is committed to building confidence in and outside of its membership. In 2009, the national Kappa Delta organization created the Confidence Coalition, a movement committed to building a world of confident, healthy women and girls with positive self-image, big dreams, and support for one another. As part of the Confidence Coalition, KD celebrates International Women's Friendship Month each September through events like "Dessert Party" or "Color Me Confident Tie Dying" with other women's organizations on campus. KD encourages women to build confidence while building their friendships with other women. And they don't stop there!

Every November, KD celebrates that girls can do anything with International Girls Day with local Girl Scouts, another philanthropic partner of Kappa Delta. Outside of building confidence, sisters love to spend time with each other at socials, formals, and routinely place in various St. Pat's activities. This year, Kappa Delta placed 3rd overall in St. Patrick's day and 1st overall in female organizations. Kappa Delta sisters also enjoy competing in Greek Sing and Greek Week, and participating in Homecoming together. This year Kappa Delta at Missouri S&T celebrated its 46th year anniversary! They were very excited to welcome a Missouri S&T alumna and chapter sister, National President, Tricia Ruma Spence, along with other chapter alumnae during their annual St. Pats brunch.

This summer, several collegiate sisters are excited to travel for their co-ops and internships with companies like Disney, MoDOT, Ford, Kiewit, Nucor, Bridge Stone Tires, and Chevron. In the fall, Kappa Delta will raise funds and awareness for Prevent Child Abuse - America and Children's Advocacy Center of East Central Missouri through their Shamrock philanthropy event. We encourage all potential new members, to Strive for that which is Honorable, Beautiful, and Highest. Kappa Delta is excited to meet you during recruitment and hope you find your confidence building relationships within Missouri S&T Greek Life.



Facebook: Kappa Delta at Missouri S&T  
Twitter: kappadelta\_mst  
Instagram: kappadelta\_mst

# ZTA

Zeta Tau Alpha

Celebrating their 46th Anniversary on Missouri S&T's campus this year, the Eta Theta chapter of Zeta Tau Alpha holds the titles of Highest Panhellenic Sorority GPA, Highest All Greek GPA, and is ranked 6th in the Nation out of 254 ZTA Chapters.

Dedicated to sisterhood, service, academics, and opportunity, Zeta Tau Alpha continues to seek the noblest sisters and provide a support system throughout every member's college experience. Zeta is bonded by sisterhood, hosting events from hiking to yoga and paint twister. Our sisters make memories that will last a lifetime.

Their service focus is supporting their national philanthropy, Breast Cancer Education and Awareness, by their annual events including a Fish Fry and the Crown Prince Pageant. In addition, they give back to the local community through different service opportunities such as volunteering at Rolla's Kaleidoscope Discovery Center and walking dogs for the Tri-County Humane Society in St. James.

Zeta Tau Alpha is committed to their academics, with an Academic Leader Program, and major specific mentors, they achieved a cumulative GPA of 3.432 in the Fall of 2019. The opportunities are endless in Zeta Tau Alpha! From England and France, to Beijing and coast to coast of the United States, Zeta's have spent summers and semesters on internships, co-ops and study abroad programs. Zeta also encourages individuality; from design teams and student organizations to intramurals and varsity athletics, to even orchestra and alternative break programs, every sister is involved on - campus in addition to Zeta Tau Alpha. Zeta is looking forward to meeting all of the new women coming to campus in the fall and cannot wait to grow their sisterhood!



Facebook: Zeta Tau Alpha at Missouri S&T

Twitter: ZTAEtaTheta

Instagram: ztaetatheta